



**National Immunization Awareness Week 2020 • Social Media Calendar**  
**Semaine nationale de promotion de la vaccination 2020 • Calendrier pour médias sociaux**

**FACEBOOK & TWITTER**

Times indicated: Eastern Time • Heure de l'Est indiquée

Hashtags | Mots-clics :

#VaccinesWork #NIAW2020 | #VaccinsFonctionnent #SNPV2020

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>NIAW BEGINS • DÉBUT DE LA SNP</b> • Saturday 25 April 2020 • le samedi 25 avril 2020		
07:00	National Immunization Awareness Week begins today: 25 April! <a href="https://immunize.ca/niaw">https://immunize.ca/niaw</a> #VaccinesWork #NIAW2020	Début de la Semaine nationale de promotion de la vaccination : le samedi 25 avril! <a href="https://immunize.ca/fr/snpv">https://immunize.ca/fr/snpv</a> #VaccinsFonctionnent #SNPV2020
10:00	Reduce your risk of infectious diseases   Trust. Protect. #VaccinesWork   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_e.pdf</a> #NIAW2020	Diminuez votre risque de maladies infectieuses   Confiance. Protection. #VaccinsFonctionnent   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_f.pdf</a> #SNPV2020
12:00	Vaccines are safe and effective! Watch this video on Vaccine Safety   @ImmunizedotCa   <a href="https://www.youtube.com/watch?v=Y4N4_1PNtfk">https://www.youtube.com/watch?v=Y4N4_1PNtfk</a> #VaccinesWork #NIAW2020	Les vaccins sont sûrs et efficaces! Regarder cette vidéo : La sécurité des vaccins   @ImmunizedotCa   <a href="https://www.youtube.com/watch?v=oTECcvMGO8k">https://www.youtube.com/watch?v=oTECcvMGO8k</a> #VaccinsFonctionnent #SNPV2020
15:00	What is community immunity?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg</a> #VaccinesWork #NIAW2020	Qu'est-ce que l'immunité collective?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg</a> #VaccinsFonctionnent #SNPV2020
18:00	Immunization: Get the Facts   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_e.pdf</a> #VaccinesWork #NIAW2020	La vaccination : informez-vous   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_f.pdf</a> #VaccinsFonctionnent #SNPV2020
<b>Sunday 26 April 2020 • le dimanche 26 avril 2020</b>		



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07:00	Download immunization and vaccine awareness materials from @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/immunization-vaccine-awareness-materials.html">https://www.canada.ca/en/public-health/services/immunization-vaccine-awareness-materials.html</a> <b>#VaccinesWork #NIAW2020</b>	Consultez et téléchargez le matériel de sensibilisation à l'immunisation et aux vaccins proposé par @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/materiel-sensibilisation-immunisation-et-aux-vaccins.html">https://www.canada.ca/fr/sante-publique/services/materiel-sensibilisation-immunisation-et-aux-vaccins.html</a> <b>#VaccinsFonctionnent #SNPV2020</b>
10:00	Reduce your risk of infectious diseases   Trust. Protect. <b>#VaccinesWork</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster2_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster2_web_e.pdf</a> <b>#NIAW2020</b>	Diminuez votre risque de maladies infectieuses   Confiance. Protection. <b>#VaccinsFonctionnent</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster2_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster2_web_f.pdf</a> <b>#SNPV2020</b>
12:00	<b>#VaccinesWork!</b> See how vaccines reduce disease in this great infographic   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/vaccines-work-infographic.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/vaccines-work-infographic.html</a> <b>#NIAW2020</b>	Les <b>#VaccinsFonctionnent!</b> Cette infographie vous montre comment les vaccins réduisent les maladies   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/infographie-vaccins-fonctionnent.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/infographie-vaccins-fonctionnent.html</a> <b>#SNPV2020</b>
15:00	How do vaccines work?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg</a> <b>#VaccinesWork #NIAW2020</b>	Comment fonctionnent les vaccins?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg</a> <b>#VaccinsFonctionnent #SNPV2020</b>
18:00	Stop the spread of meningococcal disease   @ImmunizedotCa infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Meningococcal%20infographic_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Meningococcal%20infographic_e.pdf</a> <b>#VaccinesWork #NIAW2020</b>	Arrêtons la propagation de la méningococcie   infographie créée par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Stop%20the%20spread%20of%20Meningococcal%20Disease%20-Infographic_WEB_FRE.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Stop%20the%20spread%20of%20Meningococcal%20Disease%20-Infographic_WEB_FRE.pdf</a> <b>#VaccinsFonctionnent #SNPV2020</b>
<b>Monday 27 April 2020 • le lundi 27 avril 2020</b>		
<b>Parents • les parents</b>		
07:00	Parents of babies and young children: Use these tips to help reduce the stress, anxiety and pain when it comes to your little ones' immunizations. <a href="https://immunize.ca/pain-management-children">https://immunize.ca/pain-management-children</a> <b>#VaccinesWork #NIAW2020</b>	Les parents des bébés et des jeunes enfants : utiliser ces trucs pour vous aider à réduire le stress, l'anxiété et la douleur des vaccins chez vos tout-petits. <a href="https://immunize.ca/fr/gestion-douleur-enfants">https://immunize.ca/fr/gestion-douleur-enfants</a> <b>#VaccinsFonctionnent #SNPV2020</b>



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10:00	Reduce your risk of infectious diseases   Trust. Protect. #VaccinesWork   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster1_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster1_web_e.pdf</a> #NIAW2020	Diminuez votre risque de maladies infectieuses   Confiance. Protection. #VaccinsFonctionnent   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster1_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster1_web_f.pdf</a> #SNPV2020
12:00	The C-A-R-D™ (Comfort – Ask – Relax – Distract) system : strategies to help children and teens when they receive vaccinations   @ImmunizedotCa   <a href="https://immunize.ca/card-kids-and-adolescents">https://immunize.ca/card-kids-and-adolescents</a> #VaccinesWork #NIAW2020	Le système C-A-R-D (Confort – Aide – Relaxation – Distraction) pour aider les enfants et les ados lorsqu'ils reçoivent un vaccin   @ImmunizedotCa   <a href="https://immunize.ca/fr/systeme-card-pour-les-enfants-et-les-adolescents">https://immunize.ca/fr/systeme-card-pour-les-enfants-et-les-adolescents</a> #VaccinsFonctionnent #SNPV2020
15:00	Immunization for every child   a pamphlet for parents, by @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20for%20Every%20Child/2015/imm_every_child_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20for%20Every%20Child/2015/imm_every_child_web_e.pdf</a> #VaccinesWork #NIAW2020	Immunisation chez tous les enfants   un dépliant à l'intention des parents, par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20for%20Every%20Child/2015/imm_every_child_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20for%20Every%20Child/2015/imm_every_child_web_f.pdf</a> #VaccinsFonctionnent #SNPV2020
18:00	Read. Learn. Understand. A Parent's Decision to Immunize   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf</a> #VaccinesWork #NIAW2020	Lire. Apprendre. Comprendre. La décision parentale de faire vacciner ses enfants   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a> #VaccinsFonctionnent #SNPV2020
<b>Tuesday 28 April 2020 • le mardi 28 avril 2020</b>		
<b>Adolescents and young adults • les adolescent/es et les jeunes adultes</b>		
07:00	Teens – it's important to keep up to date with immunizations during the school years and into young adulthood, to ensure you're protected.   @ImmunizedotCa   <a href="https://immunize.ca/adolescents">https://immunize.ca/adolescents</a> #VaccinesWork #NIAW2020	Les ados – Il est important de rester à jour dans vos vaccins pendant les années d'école et au début de l'âge adulte pour rester protégé/e.   @ImmunizedotCa   <a href="https://immunize.ca/fr/les-adolescents">https://immunize.ca/fr/les-adolescents</a> #VaccinsFonctionnent #SNPV2020
10:00	Reduce your risk of infectious diseases   Trust. Protect. #VaccinesWork   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_e.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_e.jpg</a> #NIAW2020	Diminuez votre risque de maladies infectieuses   Confiance. Protection. #VaccinsFonctionnent   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_f.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_f.jpg</a> #SNPV2020



## National Immunization Awareness Week 2020 • Social Media Calendar

### Semaine nationale de promotion de la vaccination 2020 • Calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Teens – Don't like getting immunized? You can reduce the pain and anxiety using the C-A-R-D™ system.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/SchoolVaccine-StudentHandout-NEW6.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/SchoolVaccine-StudentHandout-NEW6.pdf</a> <b>#VaccinesWork #NIAW2020</b>	Les ados – vous n'aimez pas trop vous faire vacciner? Utilisez le système C-A-R-D : trucs prouvés pour réduire la douleur et l'anxiété!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/SchoolVaccine-StudentHandout-NEW6.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/SchoolVaccine-StudentHandout-NEW6.pdf</a> <b>#VaccinsFonctionnent #SNPV2020</b>
15:00	Find out more about the diseases that vaccines prevent   @ImmunizedotCa   <a href="https://immunize.ca/diseases-vaccines">https://immunize.ca/diseases-vaccines</a> <b>#VaccinesWork #NIAW2020</b>	Apprenez davantage au sujet des maladies évitables par la vaccination   @ImmunizedotCa   <a href="https://immunize.ca/fr/maladies-et-vaccins">https://immunize.ca/fr/maladies-et-vaccins</a> <b>#VaccinsFonctionnent #SNPV2020</b>
18:00	It is important to keep up to date with immunizations during the school years & into young adulthood. Ask your physician, nurse, pharmacist or local public health office about immunizations needed in adolescence to ensure protection. <a href="https://immunize.ca/adolescents">https://immunize.ca/adolescents</a> <b>#VaccinesWork #NIAW2020</b>	Restez à jour dans vos vaccins pendant les années d'école & au début de l'âge adulte. Demandez à votre médecin, infirmière, pharmacien ou service de santé publique quels sont les vaccins nécessaires pour protéger les ados <a href="https://immunize.ca/fr/les-adolescents">https://immunize.ca/fr/les-adolescents</a> <b>#VaccinsFonctionnent #SNPV2020</b>
<b>Wednesday 29 April 2020 • le mercredi 29 avril 2020</b> <b>Health care professionals • professionnels de la santé</b>		
07:00	Thank you to the nurses, doctors and pharmacists who protect us from disease by immunizing! <a href="https://www.who.int/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020">https://www.who.int/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020</a> <b>#VaccinesWork #NIAW2020</b>	Un grand merci aux infirmiers/infirmières, aux médecins, et aux pharmaciens/pharmaciennes qui nous protègent des maladies par la vaccination! <a href="https://www.who.int/fr/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020">https://www.who.int/fr/news-room/campaigns/year-of-the-nurse-and-the-midwife-2020</a> <b>#VaccinsFonctionnent #SNPV2020</b>
10:00	For health care professionals   Immunization-related Practice Guides & References to assist you in your work   @ImmunizedotCa   <a href="https://immunize.ca/practice-guides-and-references">https://immunize.ca/practice-guides-and-references</a> <b>#VaccinesWork #NIAW2020</b>	Pour les professionnels de la santé   Des guides de pratique et références liés à l'immunisation qui vous aideront dans votre travail   @ImmunizedotCa   <a href="https://immunize.ca/fr/guides-de-pratique-et-references">https://immunize.ca/fr/guides-de-pratique-et-references</a> <b>#VaccinsFonctionnent #SNPV2020</b>
12:00	Check out Immunize Canada's vaccine safety infographic   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf</a> <b>#VaccinesWork #NIAW2020</b>	Allez voir l'infographie au sujet de la sécurité des vaccins, créée par Immunisation Canada   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf</a> <b>#VaccinsFonctionnent #SNPV2020</b>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
15:00	Health care professionals: Sign up to receive Immunize Canada Bulletin, our free, bilingual e-newsletter. <a href="https://immunize.ca/subscribe-our-newsletter">https://immunize.ca/subscribe-our-newsletter</a> <b>#VaccinesWork #NIAW2020</b>	Les professionnels de la santé : Abonnez-vous à Bulletin Immunisation Canada. Notre cyberbulletin bilingue est gratuit. <a href="https://immunize.ca/fr/abonnez-vous-notre-bulletin">https://immunize.ca/fr/abonnez-vous-notre-bulletin</a> <b>#VaccinsFonctionnent #SNPV2020</b>
18:00	Immunization Information on the Internet: Can you trust what you read?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf</a> <b>#VaccinesWork #NIAW2020</b>	Information sur la vaccination qu'on trouve sur Internet : Est-ce qu'on peut se fier à ce qu'on lit?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf</a> <b>#VaccinsFonctionnent #SNPV2020</b>
<b>Thursday 30 April 2020 • le jeudi 30 avril 2020</b>		
<b>Adultes • les adultes</b>		
07:00	Adults need vaccines.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2019/adults_need_vaccines_sm_e.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2019/adults_need_vaccines_sm_e.jpg</a> <b>#VaccinesWork #NIAW2020</b>	Les adultes ont besoin des vaccins.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2019/adults_need_vaccines_sm_f.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2019/adults_need_vaccines_sm_f.jpg</a> <b>#VaccinsFonctionnent #SNPV2020</b>
10:00	Reduce your risk of infectious diseases   Trust. Protect. <b>#VaccinesWork</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_e.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_e.jpg</a> <b>#NIAW2020</b>	Diminuez votre risque de maladies infectieuses   Confiance. Protection. <b>#VaccinsFonctionnent</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_f.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_2_f.jpg</a> <b>#SNPV2020</b>
12:00	Adults: Some tips you can use to help reduce the stress, anxiety and pain when it comes to immunizations   @ImmunizedotCa   <a href="https://immunize.ca/pain-management-adults">https://immunize.ca/pain-management-adults</a> <b>#VaccinesWork #NIAW2020</b>	Les adultes : Voici quelques conseils pour vous aider à réduire le stress, l'anxiété et la douleur des vaccins   @ImmunizedotCa   <a href="https://immunize.ca/fr/gestion-douleur-adultes">https://immunize.ca/fr/gestion-douleur-adultes</a> <b>#VaccinsFonctionnent #SNPV2020</b>
15:00	Adult immunization: What vaccines do you need?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/What%20vaccines%20do%20you%20need%20poster/whatvaccines_adult_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/What%20vaccines%20do%20you%20need%20poster/whatvaccines_adult_2019_web_e.pdf</a> <b>#VaccinesWork #NIAW2020</b>	Vaccination des adultes : De quels vaccins avez-vous besoin?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/What%20vaccines%20do%20you%20need%20poster/whatvaccines_adult_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/What%20vaccines%20do%20you%20need%20poster/whatvaccines_adult_2019_web_f.pdf</a> <b>#VaccinsFonctionnent #SNPV2020</b>

## National Immunization Awareness Week 2020 • Social Media Calendar

### Semaine nationale de promotion de la vaccination 2020 • Calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
18:00	Adults: Here some tips you can use to help reduce the stress, anxiety and pain when it comes to immunizations.   @ImmunizedotCa   <a href="https://immunize.ca/pain-management-adults">https://immunize.ca/pain-management-adults</a>   #VaccinesWork #NIAW2020	Les adultes : Voici quelques conseils pour vous aider à réduire le stress, l'anxiété et la douleur des vaccins.   @ImmunizedotCa   <a href="https://immunize.ca/fr/gestion-douleur-adultes">https://immunize.ca/fr/gestion-douleur-adultes</a>   #VaccinsFonctionnent #SNPV2020
<b>Friday 01 May 2020 • le vendredi 1<sup>er</sup> mai 2020</b>		
<b>Older adults • les adultes âgés</b>		
07:00	Older adults: learn about protecting yourself against shingles by reading @ImmunizedotCa's infographic. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Infographic/2014/shingles2014_infographic_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Infographic/2014/shingles2014_infographic_e.png</a>   #VaccinesWork #NIAW2020	Les adultes plus âgés : renseignez-vous au sujet du zona et la vaccination contre le zona en consultant l'infographie de @ImmunizedotCa. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Infographic/2014/shingles2014_infographic_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Infographic/2014/shingles2014_infographic_f.png</a>   #VaccinsFonctionnent #SNPV2020
10:00	Reduce your risk of infectious diseases   Trust. Protect. #VaccinesWork   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_e.pdf</a>   #NIAW2020	Diminuez votre risque de maladies infectieuses   Confiance. Protection. #VaccinsFonctionnent   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2020/niaw2020_poster3_web_f.pdf</a>   #SNPV2020
12:00	Older adults: Have you been immunized against pneumococcal disease? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf</a>   #VaccinesWork #NIAW2020	Les adultes plus âgés : Êtes-vous vacciné/e contre les maladies à pneumocoque? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf</a>   #VaccinsFonctionnent #SNPV2020
15:00	Adult Immunization Record – are you up to date?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_e.pdf</a>   #VaccinesWork #NIAW2020	Fiche de vaccination de l'adulte – Votre vaccination est-elle à jour?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_f.pdf</a>   #VaccinsFonctionnent #SNPV2020
18:00	Older adults – The immune system can get weaker as we age. Part of healthy aging is keeping your immunizations up to date. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_e.pdf</a>	Les adultes plus âgés – le système immunitaire s'affaiblit avec l'âge. Pour contribuer à un vieillissement en santé, gardez vos vaccinations à jour. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_f.pdf</a>



**National Immunization Awareness Week 2020 • Social Media Calendar**  
**Semaine nationale de promotion de la vaccination 2020 • Calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Q%20and%20A/qa_vaccines_adult_web_e.pdf</a> <b>#VaccinesWork #NIAW2020</b>	<a href="#">ploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Q%20and%20A/qa_vaccines_adult_web_f.pdf</a> <b>#VaccinsFonctionnent #SNPV2020</b>
<b>Saturday 02 May • le samedi 2 mai</b>		
07:00	Immunization doesn't just protect the people who get immunized – it protects those around them too.   @ImmunizedotCa   <a href="https://immunize.ca/learn-about-immunization">https://immunize.ca/learn-about-immunization</a> <b>#VaccinesWork #NIAW2020</b>	La vaccination ne protège pas seulement les gens qui se font vacciner : elle protège aussi leur entourage.   @ImmunizedotCa   <a href="https://immunize.ca/fr/renseignez-vous-sur-la-vaccination">https://immunize.ca/fr/renseignez-vous-sur-la-vaccination</a> <b>#VaccinsFonctionnent #SNPV2020</b>
10:00	Reduce your risk of infectious diseases   Trust. Protect. <b>#VaccinesWork</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_1_e.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020/niaw2020_sm_1_e.jpg</a> <b>#NIAW2020</b>	Diminuez votre risque de maladies infectieuses   Confiance. Protection. <b>#VaccinsFonctionnent</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020?niaw2020_sm_1_f.jpg">https://immunize.ca/sites/default/files/pictures/Campaigns/NIAW/2020?niaw2020_sm_1_f.jpg</a> <b>#SNPV2020</b>
12:00	Thanks to everyone who helped to make National Immunization Awareness Week 2020 a success! <b>#NIAW2020 #VaccinesWork</b>	Merci à tous qui ont contribué à la réussite de la Semaine nationale de promotion de la vaccination 2020! <b>#VaccinsFonctionnent #SNPV2020</b>
15:00	Immunize Canada is proud to be a member of the Vaccine Safety Net <a href="https://www.who.int/vaccine_safety/VSN_portal/en/">https://www.who.int/vaccine_safety/VSN_portal/en/</a> - a global network of websites, evaluated by the World Health Organization (@WHO), that provide reliable information on vaccine safety. <b>#NIAW2020 #VaccinesWork</b>	Immunisation Canada est fière d'être membre du Réseau pour la Sécurité des Vaccins <a href="https://www.who.int/vaccine_safety/VSN_portal/fr/">https://www.who.int/vaccine_safety/VSN_portal/fr/</a> - un réseau mondial de sites Web évalués par l'OMS (@WHO) qui fournissent des informations fiables sur la sécurité des vaccins. <b>#VaccinsFonctionnent #SNPV2020</b>
18:00	Thanks to all who have liked and retweeted our messaging throughout National Immunization Awareness Week <b>#NIAW2020!</b> <b>#VaccinesWork</b>	Merci à tous qui ont aimé et retweeté nos messages durant la Semaine nationale de promotion de la vaccination <b>#SNPV2020!</b> <b>#VaccinsFonctionnent</b>