



#TheTimesNow #GetImmunized

## Social Media Calendar • calendrier pour médias sociaux

Times indicated: Eastern Time • Heure de l'Est indiquée

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>26 April • le 26 avril   IT'S NATIONAL IMMUNIZATION AWARENESS WEEK • C'EST LA SEMAINE NATIONALE DE PROMOTION DE LA VACCINATION</b>		
07:00	It's National Immunization Awareness Week (26 April-02 May 2026)!   Visit our <b>#NIAW2026</b> webpage for excellent resources and reliable information   <a href="https://immunize.ca/niaw">https://immunize.ca/niaw</a> <b>#TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	C'est la Semaine nationale de promotion de la vaccination (du 26 avril au 2 mai 2026)!   Visitez notre page Web <b>#SNPV2026</b> pour trouver d'excellentes ressources et d'informations fiables   <a href="https://immunize.ca/fr/snpv">https://immunize.ca/fr/snpv</a> <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
08:00	<b>#TheTimesNow #GetImmunized</b>   Check out this poster drawn by a 6th-grade student   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2016/Posters/national_winner2016.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2016/Posters/national_winner2016.pdf</a> <b>#VaccinesWork #VaccinesSaveLives #NIAW2026</b>	<b>#LHeureEstVenue #FaitesVousVacciner</b>   Allez voir cette affiche dessinée par un élève en 6 <sup>e</sup> année   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2014/Posters/national_runnerup.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2014/Posters/national_runnerup.pdf</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026</b>
09:00	We vaccinate because hepatitis A   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-a-e.png">https://www.immunize.ca/sites/default/files/because-hepatitis-a-e.png</a> <b>#TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #hepatitis #NIAW2026</b>	Nous nous faisons vacciner parce que c'est l'hépatite A   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-a-f.png">https://www.immunize.ca/sites/default/files/because-hepatitis-a-f.png</a> <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #hépatite #SNPV2026</b>
10:00	We vaccinate because hepatitis B   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-b-e.png">https://www.immunize.ca/sites/default/files/because-hepatitis-b-e.png</a> <b>#TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #hepatitis #NIAW2026</b>	Nous nous faisons vacciner parce que c'est l'hépatite B   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-b-f.png">https://www.immunize.ca/sites/default/files/because-hepatitis-b-f.png</a> <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #hépatite #SNPV2026</b>
11:00	I vaccinate because measles   <a href="https://www.immunize.ca/sites/default/files/because-measles-e.png">https://www.immunize.ca/sites/default/files/because-measles-e.png</a> <b>#TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #measles #NIAW2026</b>	Je me fais vacciner parce que c'est la rougeole   <a href="https://www.immunize.ca/sites/default/files/because-measles-f.png">https://www.immunize.ca/sites/default/files/because-measles-f.png</a> <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rougeole #SNPV2026</b>
12:00	We vaccinate because mumps   <a href="https://www.immunize.ca/sites/default/files/because-mumps-e.png">https://www.immunize.ca/sites/default/files/because-mumps-e.png</a> <b>#TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #mumps #NIAW2026</b>	Nous nous faisons vacciner parce que c'est les oreillons   <a href="https://www.immunize.ca/sites/default/files/because-mumps-f.png">https://www.immunize.ca/sites/default/files/because-mumps-f.png</a> <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #oreillons #SNPV2026</b>



#TheTimelsNow #GetImmunized

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13:00	I vaccinate because rubella   <a href="https://www.immunize.ca/sites/default/files/because-rubella-e.png">https://www.immunize.ca/sites/default/files/because-rubella-e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #rubella #NIAW2026	Je me fais vacciner parce que c'est la rubéole   <a href="https://www.immunize.ca/sites/default/files/because-rubella-f.png">https://www.immunize.ca/sites/default/files/because-rubella-f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rubéole #SNPV2026
14:00	I vaccinate because tetanus   <a href="https://www.immunize.ca/sites/default/files/because-tetanus-e.png">https://www.immunize.ca/sites/default/files/because-tetanus-e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #tetanus #NIAW2026	Je me fais vacciner parce que c'est le tétanos   <a href="https://www.immunize.ca/sites/default/files/because-tetanus-f.png">https://www.immunize.ca/sites/default/files/because-tetanus-f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #tétanos #SNPV2026
15:00	We vaccinate because polio   <a href="https://www.immunize.ca/sites/default/files/because-polio-e.png">https://www.immunize.ca/sites/default/files/because-polio-e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #polio #NIAW2026	Nous nous faisons vacciner parce que c'est la polio   <a href="https://www.immunize.ca/sites/default/files/because-polio-f.png">https://www.immunize.ca/sites/default/files/because-polio-f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #polio #SNPV2026
16:00	I vaccinate because meningococcal   <a href="https://www.immunize.ca/sites/default/files/because-meningococcal-e.png">https://www.immunize.ca/sites/default/files/because-meningococcal-e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	Je me fais vacciner parce que c'est le méningocoque   <a href="https://www.immunize.ca/sites/default/files/because-meningococcal-f.png">https://www.immunize.ca/sites/default/files/because-meningococcal-f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
18:00	#TheTimelsNow: to take care of your health. #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster1_web_e.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster1_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de prendre soin de votre santé. #FaitesVousVacciner   <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster1_web_f.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster1_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
<b>27 April • le 27 avril   DEBUNKING MISINFORMATION • DÉMYSTIFIER LA DÉSINFORMATION</b>		
07:00	#TheTimelsNow. Let's debunk vaccine misinformation with our #MythbustingMondays series of social media resources!   <a href="https://immunize.ca/debunk-vaccine-misinformation-our-myth-busting-mondays-series">https://immunize.ca/debunk-vaccine-misinformation-our-myth-busting-mondays-series</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de démystifier la désinformation sur les vaccins avec notre série d'images pour médias sociaux : Les #LundisAntiMythes   <a href="https://immunize.ca/fr/demystifier-la-desinformation-sur-les-vaccins-avec-notre-serie-les-lundis-anti-mythes">https://immunize.ca/fr/demystifier-la-desinformation-sur-les-vaccins-avec-notre-serie-les-lundis-anti-mythes</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
08:00	#TheTimelsNow to tackle some misinformation!   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_1_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_1_e.png</a> #VaccinesWork #VaccinesSaveLives	#LHeureEstVenue d'aborder certaines informations erronées   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_1_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_1_f.png</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<b>#GetImmunized #measles #NIAW2026 #MythbustingMonday #TogetherAgainstMisinformation</b>	<b>#FaitesVousVacciner #rougeole #SNPV2026 #LundiAntiMythes #EnsembleContreLaDésinformation</b>
09:00	<b>#TheTimelsNow</b> to tackle some misinformation!   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_e.png</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026 #MythbustingMonday #TogetherAgainstMisinformation</b>	<b>#LHeureEstVenue</b> d'aborder certaines informations erronées   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_f.png</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026 #LundiAntiMythes #EnsembleContreLaDésinformation</b>
10:00	<b>#TheTimelsNow.</b> Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Doubt Mongering   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation</b>	<b>#LHeureEstVenue</b> de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : Semer la doute   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation</b>
11:00	<b>#TheTimelsNow.</b> Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Red Herring   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-red-herring/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-red-herring/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation</b>	<b>#LHeureEstVenue</b> de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : La diversion   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-diversion/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-diversion/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation</b>
12:00	<b>#TheTimelsNow.</b> Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Firehose of Falsehood   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-firehose-of-falsehood/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-firehose-of-falsehood/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation</b>	<b>#LHeureEstVenue</b> de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : Le trop-plein d'informations   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-trop-plein-dinformations/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-trop-plein-dinformations/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation</b>
13:00	<b>#TheTimelsNow.</b> Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Cherry Picking   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-cherry-picking/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-cherry-picking/</a>	<b>#LHeureEstVenue</b> de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : Le picorage   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-picorage/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-picorage/?lang=fr</a>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">tactic-cherry-picking/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
14:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: False Dichotomy   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-false-dichotomy/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-false-dichotomy/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : La fausse dichotomie   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-fausse-dichotomie/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-fausse-dichotomie/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
16:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: The Galileo Gambit   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-the-galileo-gambit/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-the-galileo-gambit/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : L'appel à Galilée   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-lappel-a-galilee/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-lappel-a-galilee/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
18:00	#TheTimelsNow: to stand up for science. #VaccinesWork   <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster5_web_e.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster5_web_e.pdf</a> #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue : de défendre la science. #LesVaccinsÇaMarche   <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster5_web_f.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster5_web_f.pdf</a> #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
<b>28 April • le 28 avril – PREGNANCY AND PARENTHOOD • LA GROSSESSE ET LA PARENTALITÉ</b>		
07:00	Got a minute? Watch our short video: Vaccines before Pregnancy   <a href="https://youtu.be/4Kb00tYp_bc?si=vW6_XmCQI3bxA5kl">https://youtu.be/4Kb00tYp_bc?si=vW6_XmCQI3bxA5kl</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Vous avez une minute? Visionnez notre courte vidéo : Les vaccins avant la grossesse   <a href="https://youtu.be/M94Y7VKJ5Jg?si=Eay2NORVsUkIJsD">https://youtu.be/M94Y7VKJ5Jg?si=Eay2NORVsUkIJsD</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
08:00	Vaccines in Pregnancy: What you need to know   Our factsheet is available in 14 languages! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #pregnancy #GetImmunized #NIAW2026	Les vaccins pendant la grossesse : ce qu'il faut savoir   Notre feuillet de renseignements est disponible dans 14 langues! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #grossesse #FaitesVousVacciner #SNPV2026



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09:00	<p>Pertussis vaccines in pregnancy   informative infographic from Immunize Canada    <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf</a>  <b>#TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pertussis #whoopingcough #pregnancy #NIAW2026</b></p>	<p>Les vaccins contre la coqueluche durant la grossesse   infographie informative créée par Immunisation Canada    <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf</a> <b>#LHeureEstVenue</b>  <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #coqueluche #grossesse #SNPV2026</b></p>
10:00	<p><b>#TheTimelsNow</b>: to keep calm and stay informed. <b>#VaccinesWork</b>    <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster7_web_e.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster7_web_e.pdf</a> <b>#VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026</b></p>	<p><b>#LHeureEstVenue</b> : de rester calme et informé. <b>#LesVaccinsÇaMarche</b>    <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster7_web_f.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster7_web_f.pdf</a>  <b>#LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026</b></p>
11:00	<p>A Parent's Guide to Vaccination   Public Health Agency of Canada    <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> <b>#TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</b></p>	<p>Un guide de vaccination à l'intention des parents   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</b></p>
12:00	<p>Protecting your child against human papillomavirus (HPV): For parents    <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_e.pdf</a> <b>#TheTimelsNow #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</b></p>	<p>Protégez votre enfant contre le virus du papillome humain (VPH) : Pour les parents    <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_f.pdf</a> <b>#LHeureEstVenue #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</b></p>
13:00	<p><b>#TheTimelsNow</b> A Parent's Decision to Immunize    <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</b></p>	<p><b>#LHeureEstVenue</b> La décision parentale de faire vacciner ses enfants    <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a>  <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</b></p>



#TheTimelsNow #GetImmunized

**Social Media Calendar • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
14:00	The #measles, #mumps, and #rubella (#MMR) vaccine: What you need to know   an informative factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mmr_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mmr_factsheet_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Le vaccin contre la #rougeole, la #rubéole et les #oreillons (#RRO) : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mmr_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mmr_factsheet_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
15:00	The basics of meningococcal disease   Got a minute? Watch our short video and find out more   <a href="https://youtu.be/KKa8uuuHD3U?si=C-1SZk27drJoLiE3">https://youtu.be/KKa8uuuHD3U?si=C-1SZk27drJoLiE3</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	Les principes de base : la maladie à méningocoque   Vous avez une minute? Visionner notre courte vidéo pour en savoir plus   <a href="https://youtu.be/D-jxy-7GtKM?si=sAUOjm6eKlhJlVrx">https://youtu.be/D-jxy-7GtKM?si=sAUOjm6eKlhJlVrx</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
16:00	Spread the word   Is your teen protected against meningococcal type B (MenB)? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster1_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster1_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	Passez le mot   Est-ce que votre ado est protégé-e contre le méningocoque type B (MenB)? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster1_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster1_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
17:00	Check out the new factsheet from Immunize Canada, ScienceUpFirst, and CAMH   'No. Vaccines do not cause autism. Deconstructing the myth'   <a href="https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	Allez voir la nouvelle fiche d'information créée par Immunisation Canada, La Science d'Abord et CAMH   « Non, les vaccins ne causent pas l'autisme. Déboulonnons ce mythe »   <a href="https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
18:00	Check out our chart!   Ages and school grades in which meningococcal vaccines are routinely administered, in each province and territory   <a href="https://immunize.ca/sites/default/files/meningococcal_vaccines_c">https://immunize.ca/sites/default/files/meningococcal_vaccines_c</a>	Allez voir notre tableau!   Âges et niveaux scolaires pour lesquels les vaccins contre le méningocoque sont systématiquement administrés, par province et territoire   <a href="https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web">https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web</a>



#TheTimelsNow #GetImmunized

**Social Media Calendar • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">hart_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	<a href="#">f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
<b>29 April • le 29 avril – HEALTH PROFESSIONALS • LES PROFESSIONNEL·LES DE LA SANTÉ</b>		
07:00	Health professionals   Sign up for our e-newsletter: Immunize Canada Boost!   <a href="https://immunize.ca/subscribe-our-newsletter">https://immunize.ca/subscribe-our-newsletter</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Les professionnel·les de la santé   Abonnez-vous à notre cyberbulletin : Une dose d'Immunisation Canada !   <a href="https://immunize.ca/fr/abonnez-vous-notre-bulletin">https://immunize.ca/fr/abonnez-vous-notre-bulletin</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
08:00	#TheTimelsNow: to prevent the preventable. #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster2_web_e.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster2_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de prévenir ce qui peut être prévenu. #FaitesVousVacciner   <a href="https://www.immunize.ca/sites/default/files/niaw2026_poster2_web_f.pdf">https://www.immunize.ca/sites/default/files/niaw2026_poster2_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
09:00	Pocket Guide for Immunizers: #Pregnancy and #Breastfeeding   an informative guide for health care professionals, from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Guide de poche pour vaccinateurs et vaccinatrices : #Grossesse et #allaitement   un guide informatif à l'intention des professionnel·les de la santé, créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
10:00	A short video for health care professionals   How to recommend vaccines to patients planning a pregnancy   <a href="https://youtu.be/Ka3OPMz_q_I">https://youtu.be/Ka3OPMz_q_I</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins aux patientes qui prévoient une grossesse   <a href="https://youtu.be/haUUjUiiuw4">https://youtu.be/haUUjUiiuw4</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
11:00	A short video for health care professionals   How to recommend vaccines to patients who are pregnant   <a href="https://youtu.be/tJENY2COqkI">https://youtu.be/tJENY2COqkI</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins aux patientes enceintes   <a href="https://youtu.be/7ms0tGb6BmQ">https://youtu.be/7ms0tGb6BmQ</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
12:00	A short video for health care professionals   How to recommend vaccines for patients who are breastfeeding   <a href="https://youtu.be/r12NArtgZ8">https://youtu.be/r12NArtgZ8</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins pour les patients qui allaitent   <a href="https://youtu.be/wJztYVoiFCw">https://youtu.be/wJztYVoiFCw</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026



#TheTimelsNow #GetImmunized

**Social Media Calendar • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
13:00	Improving vaccine confidence and uptake in pregnant Canadians: A toolkit for health professionals   <a href="https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf">https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Améliorer la confiance dans les vaccins et la couverture vaccinale chez les Canadiennes enceintes : Une trousse d'outils à l'intention des professionnel·les de la santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
14:00	Health care professionals   Check out our recently revised Pocket Guide for Immunizers: Pneumococcal Vaccination!   <a href="https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_e.pdf">https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_e.pdf</a> #TheTimelsNow #VaccinesWork #pneumococcal #VaccinesSaveLives #GetImmunized #NIAW2026	Les professionnel·es de la santé   Allez voir notre Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le pneumocoque, récemment mis à jour   <a href="https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_f.pdf">https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #pneumocoque #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
15:00	For health care professionals   Pocket Guide for Immunizers: #Measles, #Mumps, and #Rubella Vaccination   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre la #rougeole, la #rubéole et les #oreillons   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
16:00	For health care professionals   Pocket Guide for Immunizers: HPV Vaccination   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le VPH   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
18:00	Health care professionals   Find all our pocket guides on our website: <a href="https://www.immunize.ca/pocket-guides-immunizers">https://www.immunize.ca/pocket-guides-immunizers</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Les professionnel·les de la santé   Vous trouverez tous nos guides de poche sur notre site Web : <a href="https://www.immunize.ca/fr/guides-de-poche-vaccinateurs">https://www.immunize.ca/fr/guides-de-poche-vaccinateurs</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026



#TheTimelsNow #GetImmunized

**Social Media Calendar • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>30 April • le 30 avril – TEENS AND YOUNG ADULTS • LES ADOS ET LES JEUNES ADULTES</b>		
07:00	<p>Chloe's story   "I almost lost my life to meningitis B. Now we're raising awareness to save others"   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2023/chloe_insta_2_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2023/chloe_insta_2_e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningitis #NIAW2026</p>	<p>L'histoire de Chloe   « J'ai failli mourir d'une méningite B. Maintenant, nous faisons de la sensibilisation pour sauver d'autres personnes »   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2023/chloe_insta_2_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2023/chloe_insta_2_f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningite #SNPV2026</p>
08:00	<p>Spread the word   Talk to your healthcare professional about getting immunized against meningococcal type B (MenB). <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster3_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026</p>	<p>Passez le mot   Parlez à votre professionnel·le de santé de la vaccination contre le méningocoque type B (MenB). <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster3_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026</p>
09:00	<p>Meningococcal disease in teens and young adults   informative infographic from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026</p>	<p>La méningococcie chez les ados et les jeunes adultes   Allez voir notre infographie informative   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #méningococcie #FaitesVousVacciner #SNPV2026</p>
10:00	<p>Check out Immunize Canada's short videos on #TikTok! <a href="https://www.tiktok.com/@immunizedotca?lang=en">https://www.tiktok.com/@immunizedotca?lang=en</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</p>	<p>Allez voir notre collection de courtes vidéos sur #TikTok! <a href="https://www.tiktok.com/@immunizedotca?lang=fr">https://www.tiktok.com/@immunizedotca?lang=fr</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</p>
11:00	<p>A Teen's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html?_ga=1.16486706.585774884.1487176194">https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html?_ga=1.16486706.585774884.1487176194</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</p>	<p>Un guide de vaccination pour les ados   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</p>



#TheTimelsNow #GetImmunized

**Social Media Calendar • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	What is HPV?   Check out our poster   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Qu'est-ce que le VPH?   Allez voir notre affiche   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
13:00	HPV in boys and men   Got a minute? Watch our short video   <a href="https://www.youtube.com/shorts/d7xSnd_OuCE?feature=share">https://www.youtube.com/shorts/d7xSnd_OuCE?feature=share</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Le VPH chez les garçons et les hommes   Vous avez une minute? Visionnez notre courte vidéo   <a href="https://www.youtube.com/shorts/HLnqC5Hq3Aw">https://www.youtube.com/shorts/HLnqC5Hq3Aw</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
14:00	Protect against human papillomavirus (HPV): For young adults   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Protégez-vous contre le virus du papillome humain (VPH) : Pour les jeunes adultes   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
15:00	#TheTimelsNow: to counter misinformation. #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/niaw2026_sm6_web_e.png">https://www.immunize.ca/sites/default/files/niaw2026_sm6_web_e.png</a> #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de lutter contre la désinformation. #FaitesVousVacciner   <a href="https://www.immunize.ca/sites/default/files/niaw2026_sm6_web_f.png">https://www.immunize.ca/sites/default/files/niaw2026_sm6_web_f.png</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
16:00	Got a minute? Watch our short video!   How is HPV spread?   <a href="https://www.youtube.com/shorts/k7m4Tm2eORM">https://www.youtube.com/shorts/k7m4Tm2eORM</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Vous avez une minute? Visionnez notre courte vidéo!   Comment se propage le VPH?   <a href="https://www.youtube.com/shorts/DoO12_XOGk0">https://www.youtube.com/shorts/DoO12_XOGk0</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
17:00	A short video from Science Up First and Immunize Canada!   HPV myths: No symptoms   <a href="https://www.youtube.com/watch?v=mBk0LqLG4xU">https://www.youtube.com/watch?v=mBk0LqLG4xU</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TheTimelsNow #NIAW2026	Une courte vidéo créée par La Science d'Abord et Immunisation Canada!   Le VPH et ses symptômes   <a href="https://www.youtube.com/watch?v=WqxJXVsWn8U">https://www.youtube.com/watch?v=WqxJXVsWn8U</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #LHeureEstVenue #SNPV2026
18:00	A short video from Science Up First and Immunize Canada!   It's never too late to get the human papillomavirus (HPV) vaccine – even if you're already sexually active   <a href="https://www.youtube.com/watch?v=L8_6vAnx2Yg">https://www.youtube.com/watch?v=L8_6vAnx2Yg</a> #HPV	Une courte vidéo créée par La Science d'Abord et Immunisation Canada   Il n'est jamais trop tard pour obtenir le vaccin contre le virus du papillome humain (VPH) – même si vous êtes déjà sexuellement actif/active   <a href="https://www.youtube.com/watch?v=ekGeZclYxQ0">https://www.youtube.com/watch?v=ekGeZclYxQ0</a> #VPH



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	#VaccinesWork #VaccinesSaveLives #GetImmunized #TheTimelsNow #NIAW2026	#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #LHeureEstVenue #SNPV2026
<b>01 May • le 1<sup>er</sup> mai – ADULTS OF ALL AGES • LES ADULTES DE TOUT ÂGE</b>		
07:00	An Adult's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Un guide de vaccination pour les adultes   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
08:00	#TheTimelsNow: to get immunized. #VaccinesSaveLives   <a href="https://www.immunize.ca/sites/default/files/niaw2026_sm4_web_e.png">https://www.immunize.ca/sites/default/files/niaw2026_sm4_web_e.png</a> #VaccinesWork #GetImmunized #NIAW2026	#LHeureEstVenue : de vous faire vacciner. #LesVaccinsSauventDesVies   <a href="https://www.immunize.ca/sites/default/files/niaw2026_sm4_web_f.png">https://www.immunize.ca/sites/default/files/niaw2026_sm4_web_f.png</a> #LesVaccinsÇaMarche #FaitesVousVacciner #SNPV2026
09:00	Got a minute? Watch our short video   Dr. Vivien Brown: Vaccines aren't just for kids   <a href="https://www.youtube.com/shorts/fKK8bOZ7yFY?feature=share">https://www.youtube.com/shorts/fKK8bOZ7yFY?feature=share</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Vous avez une minute? Visionner notre courte vidéo   La Dre Vivien Brown : Les vaccins ne sont pas seulement pour les enfants   <a href="https://www.youtube.com/shorts/q94tl3hQaA?feature=share">https://www.youtube.com/shorts/q94tl3hQaA?feature=share</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
10:00	Every stage of life deserves protection. Prioritize your health. #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niaw2024_15_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niaw2024_15_e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #adults #NIAW2026	Chaque stade de la vie mérite d'être protégé. Priorisez votre santé. #FaitesVousVacciner   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niaw2024_15_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niaw2024_15_f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #adultes #SNPV2026
11:00	Check out our Adult Immunization Record   Vaccines are not just for kids!   <a href="https://immunize.ca/sites/default/files/adult_immrecord_web_e.pdf">https://immunize.ca/sites/default/files/adult_immrecord_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Allez voir notre Fiche de vaccination de l'adulte   Les vaccins, ce n'est pas seulement pour les enfants!   <a href="https://immunize.ca/sites/default/files/adult_immrecord_web_f.pdf">https://immunize.ca/sites/default/files/adult_immrecord_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
12:00	Adult immunization: What vaccines do you need?   <a href="https://immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf">https://immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Vaccination des adultes : De quels vaccins avez-vous besoin?   <a href="https://immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf">https://immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026



#TheTimelsNow #GetImmunized

**Social Media Calendar • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
13:00	Shingles (Herpes Zoster): What you need to know   an informative factsheet from Immunize Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_web_e.pdf</a> #TheTimelsNow #shingles #adults #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Le zona (herpès zoster) : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_web_f.pdf</a> #LHeureEstVenue #zona #adultes #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
14:00	Dr. Vivien Brown: Get protected against shingles   Got a minute? Watch our short, informative video! <a href="https://www.youtube.com/shorts/UDMfN1FnK1k">https://www.youtube.com/shorts/UDMfN1FnK1k</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #shingles #adults #NIAW2026	La Dre Vivien Brown : Protégez-vous contre le zona   Vous avez une minute? Visionnez notre courte vidéo informative!   <a href="https://www.youtube.com/shorts/AhXHElSkFu8">https://www.youtube.com/shorts/AhXHElSkFu8</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #zona #adultes #SNPV2026
16:00	I vaccinate because shingles   <a href="https://www.immunize.ca/sites/default/files/because-shingles-e.png">https://www.immunize.ca/sites/default/files/because-shingles-e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #shingles #adults #NIAW2026	Je me fais vacciner parce que c'est le zona   <a href="https://www.immunize.ca/sites/default/files/because-shingles-f.png">https://www.immunize.ca/sites/default/files/because-shingles-f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #zona #adultes #SNPV2026
18:00	HPV? Me?   The HPV vaccine is recommended for adults who have not previously been vaccinated against HPV   Are you protected?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_e.png</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #HPV #NIAW2026	Le VPH? Moi?   Le vaccin contre le VPH est recommandé aux adultes qui ne l'ont pas déjà reçu   Êtes-vous protégé-e?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #VPH #SNPV2026
<b>02 May • le 2 mai – IMMUNIZATION OF SPECIAL POPULATIONS • LA VACCINATION CHEZ LES POPULATIONS SPÉCIFIQUES</b>		
07:00	Living with a chronic condition? Vaccines are one easy thing you can do to protect your health   Watch our short video   <a href="https://youtu.be/vzu_YShEJ4U?si=3cYZGN5HgHwJYFY">https://youtu.be/vzu_YShEJ4U?si=3cYZGN5HgHwJYFY</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Vous vivez avec une affection chronique? La vaccination est une chose facile que vous pouvez faire pour protéger votre santé   Visionnez notre courte vidéo   <a href="https://youtu.be/5Ng-Qi9zCjM?si=PRArwaGWFvVai7kb">https://youtu.be/5Ng-Qi9zCjM?si=PRArwaGWFvVai7kb</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
08:00	Living with a chronic health condition? Vaccines are an important part of your health plan to keep you strong and protected   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_e.png</a>	Vous vivez avec une maladie chronique? Les vaccins sont essentiels à votre plan de santé, car ils vous aideront à rester robuste.   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_f.png</a>



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niam2024_13_e.png</a> ##TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	<a href="#">20Uploads%20(PDFs)/Campaigns/NIAM/2024/niam2024_13_f.png</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
09:00	Don't Wait, Vaccinate! A Guide to Immunization for First Nations, Inuit and Métis Peoples and Communities   NCCIH   <a href="https://bit.ly/3YAgYQH">https://bit.ly/3YAgYQH</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	N'attendez pas, vaccinez! Un guide sur la vaccination chez les peuples et les communautés chez les Premières Nations, Inuits et Métis   CCNSA   <a href="https://bit.ly/3x2GA3u">https://bit.ly/3x2GA3u</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
10:00	Who is affected by diphtheria?   Persons of any age can catch diphtheria. However, it is most serious in infants and very young children   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_poster_2_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_poster_2_web_e.pdf</a> #TheTimelsNow #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Qui est affecté par la diphtérie?   La diphtérie peut s'attraper à tout âge. Elle est cependant plus grave chez les nourrissons et les très jeunes enfants   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_poster_2_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_poster_2_web_f.pdf</a> #LHeureEstVenue #diphtérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
11:00	#TheTimelsNow: to protect your future. #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/niaw2026_sm3_web_e.png">https://www.immunize.ca/sites/default/files/niaw2026_sm3_web_e.png</a> #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de protéger votre avenir. #FaitesVousVacciner   <a href="https://www.immunize.ca/sites/default/files/niaw2026_sm3_web_f.png">https://www.immunize.ca/sites/default/files/niaw2026_sm3_web_f.png</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
12:00	Protect your child from meningococcal disease   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_e.pdf</a> #TheTimelsNow #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Protégez votre enfant contre la maladie à méningocoque   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_f.pdf</a> #LHeureEstVenue #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
15:00	Immunize Canada has a great collection of YouTube Shorts videos in English and French, on a variety of immunization topics! <a href="https://www.youtube.com/@ImmunizeCanada/shorts">https://www.youtube.com/@ImmunizeCanada/shorts</a> #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Immunisation Canada vous propose une excellente collection de courtes vidéos (« YouTube Shorts ») en français et en anglais, sur une variété de sujets liés à la vaccination! <a href="https://www.youtube.com/@ImmunizeCanada/shorts">https://www.youtube.com/@ImmunizeCanada/shorts</a> #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026



#TheTimesNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
18:00	Thank you to everyone who made Canada’s National Immunization Awareness Week a success! <b>#TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</b>	Merci à tous qui ont contribué au succès de la Semaine nationale de promotion de la vaccination au Canada! <b>#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</b>

