



Influenza Facts True or False Quiz

- 1** | Over 1 billion dollars of lost productivity each year in Canada is caused by Influenza.
 True False

- 2** | On average, healthy adults who get influenza are only off work for a day or two.
 True False

- 3** | Influenza can cause heart attacks.
 True False

- 4** | Among adults in Canada over the age of 55, respiratory system diseases (including influenza) are the third largest leading causes of death and hospitalization.
 True False

- 5** | The most common respiratory complications of influenza are:

Primary viral pneumonia	<input type="checkbox"/> True	<input type="checkbox"/> False
Secondary bacterial pneumonia	<input type="checkbox"/> True	<input type="checkbox"/> False
A cold	<input type="checkbox"/> True	<input type="checkbox"/> False
Combined viral-bacterial pneumonia	<input type="checkbox"/> True	<input type="checkbox"/> False
Exacerbation of chronic obstructive pulmonary disease (COPD)	<input type="checkbox"/> True	<input type="checkbox"/> False
Gastroenteritis (commonly called the stomach flu)	<input type="checkbox"/> True	<input type="checkbox"/> False

6 | Influenza is known to make other diseases worse. The most common non-respiratory complications of influenza are:

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|--|--------------------------|------|--------------------------|-------|
| Heart failure | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Myocarditis (inflammation of the heart muscle) | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Encephalitis (acute inflammation of the brain) | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Malaria | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Rheumatoid arthritis | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Reye's syndrome (potentially fatal disease affecting many organs, primarily the brain and liver) | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Electrocardiographic (ECG) abnormalities | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Poor diabetes control | <input type="checkbox"/> | True | <input type="checkbox"/> | False |

7 | Immunization against influenza has substantial health-related and economic benefits for healthy, working adults.

- True False

8 | Influenza immunization reduces the risks for pneumonia, hospitalization, and death in elderly persons.

- True False

9 | Influenza immunization is least effective in younger, healthier individuals.

- True False

10 | Healthcare personnel, with or without symptoms (such as cough or fever), can give the influenza virus to their patients.

- True False

11 | Immunizing healthcare personnel has been shown to:

- | | | | | |
|--|--------------------------|------|--------------------------|-------|
| Decrease their work time lost | <input type="checkbox"/> | True | <input type="checkbox"/> | False |
| Decrease illness and death in the patients they care for | <input type="checkbox"/> | True | <input type="checkbox"/> | False |